



# Supplement of

## A direct comparison of single-grain and multi-grain aliquot luminescence dating of feldspars from colluvial deposits in KwaZulu-Natal, South Africa

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# **Supplementary Material**

This supplementary material provides additional information on the performed luminescence measurements and respective results, as well as further insights into the determination of internal K content and the nature of the samples. The supplementary material is divided in two sections: S1. Sample characterisation and dose rate determination and S2. Protocol determination and equivalent dose measurements.

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## S1. Sample characterisation and dose rate determination

Internal K<sub>2</sub>O-concentrations of individual grains were determined using a JEOL JXA-8900RL Electron Microprobe. Analyses were conducted with an accelerating voltage of 15 kV, a beam current of 20 nA and a beam diameter of 4  $\mu$ m. All elements were calibrated with mineral reference materials and matrixmatched reference materials were analysed for quality-control. Counting times on peak and on background were 30 s for Mg, Fe, Ti, Mn, and Ba, 20 s for Si, Al, Ca, and K, and 10 s for Na. The ZAF method was applied for matrix correction, which includes the correction for the atomic number effect (Z), the absorption effect (A), and the fluorescence excitation effect (F).

Measurement results of the 45 grains are given in Table S1a and b and are illustrated in Fig. S1a. The grains were selected to represent a range of non-luminescent, as well as IRSL<sub>50</sub>, post-IRIRSL<sub>225</sub> and both signals emitting grains. Due to the intense weathering of the grains, not all grains present on the discs could be measured, because insufficiently large mineral areas were present for the spot size of the electron beam.

Furthermore, electron backscatter images of four selected grains are shown in Fig. S1b-e. The mineral phases indicated in these sub-figures were identified by EDS (energy-dispersive x-ray spectroscopy). These electron backscatter images reveal the highly weathered condition of the grains, with large parts of the feldspar grains already replaced by clay minerals. This weathering is also visible in the polarised microscope photographs of the source rock in Fig. S2a and S2b. Whilst the dolerite sample displayed in Fig. S2a was chipped off from a non-exposed rock surface, the piece of rock shown in Fig. S2b was taken from the weathered and exposed rock surface. Weathering along cracks in the rocks is visible from the brownish areas in Fig. S2b.



Fig. S1. a) Results of the chemical composition of individual grains determined using wavelength dispersive x-ray spectroscopy. In total 45 grains were measured, out of those grains 19 emitted  $IRSL_{50}$  and post-IR  $IRSL_{225}$ , 16 only  $IRSL_{50}$ , 2 only post-IR  $IRSL_{225}$  and 7 did not emit any luminescence. Two or three points were measured per grain and the distribution of individual measurements are shown as violin plots with individual data points displayed in the figure. B-e) Electron back scatter images of four selected grains. The mineralogical composition indicated on the images is based on EDS analysis performed using an electron microprobe. The images show the intense weathering of the grains, with large parts of the grains already transformed into clay minerals. The phase indicated as 'SiO2' represents an alteration product of feldspar after extensive leaching. Based on the EDS measurements, the backscatter images and the source rock type (dolerite), the original grains will have been plagioclases, with a few exceptions, also containing K<sub>2</sub>O.

Sample ID	Lum.	n	MgO	FeO	Na <sub>2</sub> O	K <sub>2</sub> O	TiO2	SiO <sub>2</sub>	MnO	Al <sub>2</sub> O <sub>3</sub>	CaO	BaO	Total
JOJO-1-2 P1 G10	none	3	$0.04\pm0.01$	$0.75\pm0.01$	$6.04 \pm 0.12$	$0.38\pm0.01$	$0.07\pm0.01$	$56.56\pm0.23$	$0.00\pm0.00$	$27.62 \pm 0.12$	$9.76\pm0.12$	$0.05\pm0.02$	$101.26\pm0.21$
JOJO-1-2 P1 G1	none	3	$0.07\pm0.01$	$0.62\pm0.04$	$3.97\pm0.04$	$0.17\pm0.01$	$0.06\pm0.00$	$51.25\pm0.03$	$0.02\pm0.01$	$30.46\pm0.09$	$13.29\pm0.06$	$0.02\pm0.01$	$99.94\pm0.16$
JOJO-1-2 P1 G11	none	2	$0.13\pm0.00$	$0.7\pm0.03$	$4.13\pm0.07$	$0.21\pm0.00$	$0.06\pm0.00$	$53.36\pm0.21$	$0.00\pm0.00$	$30.94\pm0.04$	$13.3\pm0.06$	$0.02\pm0.02$	$102.84\pm0.40$
JOJO-1-2 P1 G20	IRSL <sub>50</sub>	1	0.08	0.59	3.67	0.17	0.06	50.37	0.00	28.57	12.36	0.01	95.88
JOJO-1-2 P1 G29	IRSL <sub>50</sub>	3	$0.17\pm0.08$	$1.15\pm0.51$	$4.18\pm 0.31$	$0.2\pm0$	$0.11\pm0.01$	$56.46\pm2.19$	$0.02\pm0$	$28.16 \pm 1.16$	$11.28\pm0.97$	$0.02\pm0.01$	$101.75\pm0.60$
JOJO-1-2 P1 G28	IRSL <sub>50</sub>	1	0.03	0.31	0.00	0.02	0.03	101.14	0.00	0.16	0.01	0.00	101.69
JOJO-1-2 P1 G49	both	5	$0.00\pm0.00$	$0.06\pm0.03$	$1.02\pm0.92$	$2.45 \pm 1.89$	$0.16\pm0.02$	$90.99 \pm 6.39$	$0.02\pm0.01$	$4.62\pm3.67$	$0.09\pm0.07$	$0.05\pm0.04$	$99.47\pm0.21$
JOJO-1-2 P3 G10	none	3	$0.07\pm0.04$	$0.75\pm0.12$	$3.23\pm 0.39$	$3.42\pm 1.7$	$0.38\pm0.17$	$71.27\pm9.39$	$0.04\pm0.02$	$17.97\pm7.06$	$4.92\pm4.53$	$0.08\pm0.03$	$102.14\pm1.02$
JOJO-1-2 P3 G8	none	3	$0.00\pm0.00$	$0.03\pm0$	$0.02\pm0.01$	$0.00\pm0.00$	$0.1\pm0.01$	$97.84\pm0.13$	$0.01\pm0.01$	$0.11\pm0.02$	$0.01\pm0.00$	$0.02\pm0.01$	$98.16 \pm 0.13$
JOJO-1-2 P3 G7	IRSL <sub>50</sub>	3	$0.00\pm0.00$	$0.29\pm0.02$	$2.63\pm0.37$	$6.93 \pm 0.18$	$0.1\pm0.02$	$78.25 \pm 1.05$	$0.03\pm0.01$	$11.74\pm0.45$	$0.07\pm0.02$	$0.06\pm0.01$	$100.09\pm0.3$
JOJO-1-2 P3 G5	none	3	$0.01\pm0.00$	$0.09\pm0.01$	$0\pm 0$	$0\pm 0$	$0.08\pm0.01$	$96.77\pm0.09$	$0.00\pm0.00$	$0.07\pm0.02$	$0.00\pm0.00$	$0.01\pm0$	$97.02\pm0.09$
JOJO-1-2 P3 G2	IRSL <sub>50</sub>	3	$0.00\pm0.00$	$0.16\pm0.02$	$5.59 \pm 1.14$	$0.32\pm0.14$	$0.15\pm0.03$	$80.69 \pm 1.88$	$0.02\pm0.01$	$11.67 \pm 1.52$	$1.37\pm0.23$	$0.05\pm0$	$100.01\pm0.55$
JOJO-1-2 P3 G13	IRSL <sub>50</sub>	4	$0.00\pm0.00$	$0.26\pm0.11$	$0.11\pm0.03$	$0.05\pm0.02$	$0.05\pm0.02$	$97.04\pm0.42$	$0.01\pm0.01$	$0.42\pm0.05$	$0.01\pm0$	$0.02\pm0.01$	$97.97\pm0.32$
JOJO-1-2 P3 G39	IRSL <sub>50</sub>	3	$0.01\pm0.01$	$0.57\pm0.1$	$8.87 \pm 2.2$	$0.37\pm0.02$	$0.1\pm0.02$	$63.61\pm6.16$	$0.01\pm0.01$	$23.04\pm3.81$	$4.66 \pm 4.11$	$0.01\pm0$	$101.24\pm0.31$
JOJO-1-2 P3 G37	both	1	0.07	0.54	4.48	0.20	0.05	52.93	0.00	29.46	12.25	0.01	99.99
JOJO-1-2 P3 G50	both	4	$0.05\pm0.01$	$0.73\pm0.03$	$4.48\pm 0.44$	$0.22\pm0.03$	$0.06\pm0.01$	$52.21\pm0.95$	$0.02\pm0.01$	$29.7\pm0.67$	$12.43\pm0.77$	$0.01\pm0.01$	$99.9\pm0.09$
JOJO-1-2 P3 G60	both	1	0.00	0.31	0.01	0.01	0.12	99.91	0.00	0.08	0.00	0.05	100.49
JOJO-1-3 P3 G70	both	5	$0.00\pm0.00$	$0.12\pm0.03$	$0.98\pm0.47$	$4.98\pm2.03$	$0.22\pm0.15$	$85.23\pm5.24$	$0.02\pm0.01$	$7.26\pm2.87$	$0.23\pm0.16$	$0.07\pm0.02$	$99.11\pm0.31$
JOJO-1-2 P3 G54	IRSL225	1	0.06	0.71	4.32	0.19	0.05	52.05	0.00	30.10	12.70	0.00	100.17
JOJO-1-2 P5 G9	IRSL <sub>50</sub>	1	0.09	0.56	4.39	0.22	0.08	51.29	0.00	28.43	12.08	0.01	97.14
JOJO-1-2 P5 G19	IRSL <sub>50</sub>	3	$0.07\pm0.00$	$0.78\pm0.01$	$4.66\pm0.26$	$0.2\pm0.02$	$0.11\pm0.01$	$51.06\pm0.73$	$0.01\pm0.01$	$28.4\pm 0.36$	$11.96\pm0.51$	$0.04\pm0.01$	$97.3\pm0.14$
JOJO-1-2 P5 G16	both	3	$0.01\pm0.01$	$0.6\pm0.06$	$8.17\pm 0.82$	$0.42\pm0.05$	$0.06\pm0.01$	$60.26 \pm 1.61$	$0.01\pm0.01$	$24.15\pm1.15$	$6\pm1.32$	$0.04\pm0.03$	$99.73\pm0.17$
JOJO-1-2 P5 G14	IRSL <sub>50</sub>	3	$0.02\pm0.01$	$0.07\pm0.02$	$2.45\pm2.44$	$0.04\pm0.03$	$0.07\pm0.04$	$91.44\pm5.59$	$0.01\pm0.00$	$3.87\pm3.79$	$0.05\pm0.05$	$0.02\pm0.01$	$98.03\pm0.73$
JOJO-1-2 P5 G30	IRSL <sub>50</sub>	3	$0.05\pm0.01$	$0.93\pm0.06$	$4.27\pm0.2$	$0.23\pm0.02$	$0.07\pm0.01$	$51.93\pm0.37$	$0.00\pm0.00$	$29.56\pm0.15$	$12.72\pm0.25$	$0.04\pm0.02$	$99.8\pm0.43$
JOJO-1-2 P5 G99	both	3	$0.03\pm0.00$	$0.92\pm0.07$	$4.83\pm0.07$	$0.29\pm0.01$	$0.07\pm0.00$	$53.76\pm0.15$	$0.01\pm0.01$	$29.15\pm0.16$	$11.77\pm0.13$	$0.01\pm0.00$	$100.84\pm0.18$
JOJO-1-2 P5 G98	none	3	$0.09\pm0.01$	$0.65\pm0.02$	$3.9\pm 0.02$	$0.16\pm0.00$	$0.06\pm0.01$	$51.17\pm0.18$	$0.01\pm0.01$	$30.16\pm0.04$	$13.4\pm0.02$	$0.01\pm0.01$	$99.61\pm0.18$
JOJO-1-2 P5 G44	IRSL <sub>50</sub>	7	$0.05\pm0.02$	$0.51\pm0.14$	$4.04\pm1.45$	$0.13\pm0.03$	$0.07\pm0.01$	$67.36\pm8.47$	$0.00\pm0.00$	$19.52\pm5.21$	$7.38\pm 2.58$	$0.01\pm0.00$	$99.06\pm0.29$
JOJO-1-2 P5 G74	post-IR IRSL225	5	$0.05\pm0.02$	$0.57\pm0.08$	$4.15\pm1.14$	$4.8\pm 3.03$	$0.10\pm0.01$	$58.33 \pm 2.72$	$0.01\pm0.00$	$23.31\pm3.10$	$6.4\pm2.87$	$0.12\pm0.07$	$97.84 \pm 1.61$
JOJO-1-2 P5 G66	both	4	$0.04\pm0.02$	$0.52\pm0.18$	$2.44\pm0.84$	$7.8\pm 4.40$	$0.02\pm0.01$	$57.64 \pm 3.59$	$0.01\pm0.01$	$24.26\pm3.31$	$6.72\pm3.87$	$0.12\pm0.06$	$99.55\pm0.3$

Table S1a. Results of electron microprobe analysis for the 30 grains selected from sample JOJO-1-2. The uncertainties the standard error of all measurements performed on the individual grains, with two to seven points (n) measured on each grain. Results are given in wt%.

Sample ID	Lum.	n	MgO	FeO	Na <sub>2</sub> O	K <sub>2</sub> O	TiO2	SiO <sub>2</sub>	MnO	Al <sub>2</sub> O <sub>3</sub>	CaO	BaO	Total
JOJO-5-4 P7 G91	both	3	$0.00\pm0.00$	$0.04\pm0.02$	$0.82\pm0.09$	$15.91\pm0.13$	$0.00\pm0.00$	$64.7\pm0.15$	$0.01\pm0.01$	$18.84\pm0.08$	$0.00\pm0.00$	$0.22\pm0.01$	$100.54\pm0.24$
JOJO-5-4 P7 G92	IRSL <sub>50</sub>	3	$0.05\pm0.01$	$0.73\pm0.03$	$3.86 \pm 0.04$	$0.21\pm0.01$	$0.04\pm0.01$	$50.88 \pm 0.07$	$0.02\pm0.01$	$30.29\pm0.15$	$13.57\pm0.03$	$0.01\pm0.01$	$99.66\pm0.12$
JOJO-5-4 P7 G70	both	3	$0.03\pm0.02$	$0.48\pm0.14$	$6.01\pm3.26$	$0.18\pm0.14$	$0.05\pm0.02$	$74.6 \pm 12.14$	$0.00\pm0.00$	$15.97 \pm 8.12$	$3.41\pm2.62$	$0.03\pm0.01$	$100.75\pm0.88$
JOJO-5-4 P7 G59	both	3	$0.00\pm0.00$	$0.1\pm0.03$	$7.91 \pm 3.96$	$0.05\pm0.03$	$0.03\pm0.01$	$79.07 \pm 9.96$	$0.00\pm0.00$	$13.25\pm6.61$	$0.07\pm0.03$	$0.02\pm0.01$	$100.51\pm0.69$
JOJO-5-4 P7 G60	IRSL <sub>50</sub>	3	$0.00\pm0.00$	$0.24\pm0.02$	$1.48\pm0.07$	$14.38\pm0.1$	$0.03\pm0.00$	$64.5\pm0.04$	$0.00\pm0.00$	$18.76\pm0.13$	$0.04\pm0.00$	$0.34\pm0.00$	$99.78\pm0.15$
JOJO-5-4 P7 G30	both	3	$0.09\pm0.01$	$0.95\pm0.08$	$4.64\pm0.33$	$0.29\pm0.06$	$0.08\pm0.04$	$53.49\pm0.67$	$0.01\pm0.01$	$28.73\pm 0.84$	$11.92\pm0.78$	$0.02\pm0.01$	$100.21\pm0.97$
JOJO-5-4 P7 G45	both	3	$0.05\pm0.01$	$0.62\pm0.04$	$6.07\pm0.11$	$0.38\pm0.03$	$0.11\pm0.00$	$55.95\pm0.21$	$0.00\pm0.00$	$26.81\pm0.15$	$9.39 \pm 0.23$	$0.01\pm0.01$	$99.39 \pm 0.09$
JOJO-5-4 P11 G20	IRSL <sub>50</sub>	3	$0.08\pm0.04$	$0.75\pm0.03$	$4.82\pm0.84$	$0.28\pm0.09$	$0.05\pm0.01$	$53.74 \pm 1.89$	$0.01\pm0.01$	$28.85 \pm 1.47$	11.63 ± 1.66	$0.04\pm0.03$	$100.26\pm0.33$
JOJO-5-4 P11 G30	both	3	$0.00\pm0.00$	$0.11\pm0.02$	$0.49\pm0.03$	$16.23\pm0.03$	$0.01\pm0.01$	$64.38\pm0.23$	$0.03\pm0.02$	$18.55\pm0.05$	$0.05\pm0.01$	$0.09\pm0.01$	$99.93 \pm 0.24$
JOJO-5-4 P11 G50	IRSL <sub>50</sub>	3	$14.75\pm8.48$	$6.54\pm3.45$	$2.22\pm1.26$	$0.1\pm0.06$	$0.16 \pm 0.07$	$54.1\pm0.72$	$0.11\pm0.06$	$15.59 \pm 8.26$	$7.29\pm3.08$	$0.02\pm0.01$	$100.86\pm0.19$
JOJO-5-4 P11 G65	both	2	$0.06 \pm 0.06$	$0.65 \pm 0.31$	2.31 ± 1.90	$7.85 \pm 7.66$	$0.05 \pm 0.01$	$55.34 \pm 5.51$	$0.00\pm0.00$	$21.84 \pm 4.74$	$5.93 \pm 5.92$	$0.18 \pm 0.18$	$94.22\pm0.41$
JOJO-5-4 P11 G64	both	3	$0.03 \pm 0.01$	$0.56 \pm 0.03$	$5.86 \pm 0.07$	$0.41 \pm 0.03$	$0.14 \pm 0.02$	$55.26 \pm 0.14$	$0.01 \pm 0.01$	$27.12 \pm 0.11$	9.84 ± 0.16	$0.02 \pm 0.01$	$99.26 \pm 0.10$
JOJO-5-4 P11 G74	both	3	$0.02 \pm 0.00$	$0.43 \pm 0.03$	$6.54 \pm 0.66$	$0.33 \pm 0.07$	$0.1 \pm 0.01$	$60.83 \pm 4.29$	$0.01 \pm 0.01$	24.23 ± 2.69	$7.46 \pm 1.97$	$0.05 \pm 0.02$	$100.01 \pm 0.28$
JOJO-5-4 P11 G84	IRSL 50	2	$0.00 \pm 0.00$	$0.11 \pm 0.03$	$0.01 \pm 0.01$	$0.00 \pm 0.00$	$0.01 \pm 0.01$	$98.77 \pm 0.22$	$0.01 \pm 0.01$	$0.01 \pm 0.00$	$0.00 \pm 0.00$	$0.01 \pm 0.01$	$98.93 \pm 0.26$
JOJO-5-4 P11 G85	both	3	$0.01 \pm 0.01$	$0.12 \pm 0.06$	$3.08 \pm 1.81$	$0.12 \pm 0.08$	$0.16 \pm 0.03$	$87.82 \pm 6.65$	$0.02 \pm 0.01$	$6.04 \pm 3.67$	$0.66 \pm 0.38$	$0.04 \pm 0.02$	$98.08 \pm 0.87$
JOJO-5-4 P11 G94	both	5	$0.02 \pm 0.01$	$0.3 \pm 0.03$	$9.28 \pm 0.73$	$0.7 \pm 0.16$	$0.06 \pm 0.01$	$61.87 \pm 1.7$	$0.00 \pm 0.00$	$21.1 \pm 1.06$	$3.36 \pm 1.27$	$0.06 \pm 0.02$	96.76 ± 0.4

Table S1b. Results of electron microprobe analysis for the 16 grains selected from sample JOJO-5-4. The uncertainties the standard error of all measurements performed on the individual grains, with two to six points measured on each grain. Results are given in wt%.



Fig. S2. A thin section of the dominant source rock in the catchment, dolerite. Under the polarised microscope plagioclase is identifiable as the major feldspar constituting to the rock mineralogy.

## **S2.** Protocol determination and equivalent dose measurements

## **S2.1 Protocol determination**

Here we would like to give some additional information regarding the protocol selection and validation procedure, as well as some further details regarding the luminescence signals measured using the selected post-IR IRSL<sub>225</sub> protocol.

Table S2 shows the different preheat and stimulation temperatures tested during the protocol determination process. Whilst the protocol was first tested on multi-grain aliquots of samples JOJO-1-2 and JOJO-85U, it was validated for all samples by measuring the dose recovery ratio (Fig. S3a) of all samples, as well as fading (Fig. S3b).

Exemplary multi-grain aliquot decay curves and dose-response curves of the  $IRSL_{50}$  and post-IR  $IRSL_{225}$  signals of the selected measurement protocol are shown in Fig. S4. Single grain decay curves and dose-response curves are shown in Fig. S5.

Table S2. Preheat and post-IR IRSL stimulation temperature combinations tested in the preheat plateau tests shown in the main text's figures 2.

Preheat temperature (°C)	First IR stimulation temperature (°C)	Post-IR IR stimulation temperature (°C)
210	50	190
230	50	210
250	50	225
280	50	250
320	50	290



Fig. S3. (a) Dose-recovery ratios (residual subtracted) and (b) fading rates obtained for individual aliquots of all samples and calculated average values and their standard error, for IRSL<sub>50</sub> and post-IR IRSL<sub>225</sub> signals. Three aliquots were measured per sample using the protocol by Auclair et al. (2003).



Fig. S4. Examples of "dim" and "bright" multi-grain aliquots (1 mm diameter) measured on a Risø TL/OSL DA20 with a classic head and a DASH (detection and stimulation head). These are examples of representative aliquots, this is not an absolute comparison of the same aliquots measured on different readers. (a) and (b) are the IRSL<sub>50</sub> signals and (c) and (d) the post-IR IRSL<sub>225</sub> signals. The insets show the dose-response curves for the respective aliquots. The decay curves were obtained in response to a dose of 100 Gy. Two dim and two bright multi-grain aliquots were chosen respectively, and the signals and dose response curves of the two signals originate from the same aliquot, respectively.



Fig. S5. Examples of single grain decay curves and dose response curves of the IRSL<sub>50</sub> and post-IR IRSL<sub>225</sub> signals of the selected measurement protocol. The decay curves were obtained in response to a dose of 100 Gy.

#### S2.2 Equivalent dose determination and palaeodose calculations

### S2.2.1 Dose distributions

Figure S6 shows the single grain, multi-grain aliquot and synthetic aliquot equivalent dose distributions of JOJO-1-1 and JOJO-TRPL-1 as Kernel Density Estimate (KDE) plots for the IRSL<sub>50</sub> and post-IR IRSL<sub>225</sub> signals, respectively.



Fig. S6. Kernel density estimate (KDE) plots of equivalent dose distributions for the  $IRSL_{50}$  (a, c) and post-IR  $IRSL_{225}$  (b, d) signal for the youngest sample JOJO-1-1 (a, b) and the oldest sample JOJO-TRPL-1 (c, d). Only the number of accepted grains/aliquots is displayed in the figure and legend. Dose distributions for single grains (*SG*), synthetic aliquots (*Syn. Al.*) and multi-grain aliquots (*MG Al.*) are shown. Please note that these figures only partly represent the measurement results due to saturation issues.

In Fig. S7 the single grain dose recovery dose distributions for samples JOJO-1-3 and JOJO-85U are shown. The samples were loaded in the single-grain discs, bleached in the solar simulator at room temperature for 24 h prior to dosing. The samples were both given a dose of 100 Gy.



Fig. S7. Single grain dose recovery distributions for samples JOJO-1-3 (a, b) and JOJO-85U (c, d). The samples were bleached for 24 h in a solar simulator before being given a beta dose of 100 Gy. Data are shown as Kernel Density Estimate (KDE) plots for both the IRSL<sub>50</sub> (a, c, e) and the post-IR IRSL<sub>225</sub> signals (b, d, f).



Fig. S8. Variations in  $D_0$  (a) and dose response curve shape (b) for postIR-IRSL<sub>225</sub> signals from all single grains (blue), synthetic aliquots (yellow) and 1 mm aliquots (pink) accepted according to the in the main text outlined rejection criteria. Interestingly, single grains and synthetic aliquots seem to saturate earlier in case of all samples, compared to multi-grain aliquots.

Fig. S8 show  $D_0$  values and dose response curves of all single grains, synthetic aliquots and multi-grain aliquots accepted using the in the main text applied Analyst acceptance criteria. The box plot in Fig. S8 shows large variation in  $D_0$  for all samples. However, the median of the  $D_0$  distributions is always below the median of the multi-grain aliquot  $D_0$  distributions. In contrast, the median  $D_0$  value for the synthetic aliquots is consistent with the of the single grains except for JOJO-TRPL-1. The effect of the difference in  $D_0$  value between single grains and multi-grain aliquots on the number of samples showing saturated grains and aliquots, and thus on the dose calculations is discussed in the main text.

#### S2.2.2 Standard frequentist approaches (Central Age Model and Average Dose Model)

Dose calculations following frequentist approaches were carried out on single grain, synthetic aliquot and multi-grain (1 mm) aliquot data. The analysis of the dose response curve as well as equivalent dose calculations were carried out using Analyst (Duller, 2015). Burial doses were calculated from obtained equivalent doses using the calc\_CentralDose() (Burow, 2023) and calc\_AverageDose() (Christophe et al., 2023) functions in the RLuminescence package (Kreutzer et al., 2023).

For the Central Age Model (CAM, Galbraith et al., 1999) the logged version was used. The calc\_CentralDose() function also provided the relative overdispersion presented for each sample in the main text.

The Average Dose Model (ADM, Guérin et al., 2017) requires the input of a value for the intrinsic overdispersion (*sigma\_m*), which is generally determined from dose recovery experiments. Figure S5 shows the results of testing the influence of different *sigma\_m* values for palaeodose calculations. The results are exemplarily shown for single grains and synthetic aliquots of samples JOJO-1-3 and JOJO-5-5. The shaded areas show the overdispersion estimated from single grain dose recovery tests (at 100 Gy). From these single grain dose recovery tests, synthetic aliquots were created for each single grain disc measured and overdispersions were calculated for these data sets. Finally, the calculated overdispersion values were used for ADM calculations, with single grain dose recovery overdispersion used for single grains and synthetic aliquots overdispersions used for synthetic aliquot and multi-grain aliquot calculations.



Fig. S9. Impact of changing *sigma\_m* on the De calculated using the ADM (a, b). Subfigure (a) shows the results for JOJO-1-3 and subfigure (b) for JOJO-5-5. The shaded areas and dashed vertical lines show the results of overdispersions estimated for laboratory single grain dose recovery tests.

Single grain datasets of all samples in this study contain saturated grains. In 2016 Thomsen et al. suggested a  $D_e$  selection based on a minimum  $D_0$  value of the dose response curves obtained for their single grains of quartz. They showed that De values obtained using the CAM were dependent on the minimum D0 value defined as threshold for their data acceptance. Here we

test this  $D_0$  selection procedure for feldspars. Figures S10 to S12 show potential effects of changing the minimum  $D_0$  threshold on the CAM and ADM doses, as well as on the number of grains used in CAM/ADM calculations, and on the number of saturated grains. The dashed line in the dose versus  $D_0$  graphs in Figs. S10 to S12 represent a 1:1 line. Whilst the obtained CAM/ADM doses are largely unaffected by the minim  $D_0$  threshold, at least as long  $D_0 \leq D_e$ . This is likely due to the higher  $D_0$  values of feldspar dose response curves, compared to quartz dose response curves. The figures in the right-hand panels of Figs. S10 to S12 show that both, the number of grains used for CAM/ADM calculations, as well as the number of saturated grains with increasing  $D_0$  value. A decrease in the number of saturated grains with increasing  $D_0$  value indicates that the number of saturated grains in the samples is caused by the (early) saturation of the dose response curves.



Fig. S10. Effects on minimum  $D_0$  filtering (following Thomsen et al., 2016) on the equivalent dose calculated using the CAM and ADM (left side) and the number of grains used for CAM/ADM calculations and the number of saturated grains (right side). This figure shows the results for samples from Jojosi 1.



Fig. S11. Effects on minimum D<sub>0</sub> filtering (following Thomsen et al., 2016) on the equivalent dose calculated using the CAM and ADM (left side) and the number of grains used for CAM/ADM calculations and the number of saturated grains (right side). This figure shows the results for samples from Jojosi 5.



Fig. S12. Effects on minimum D<sub>0</sub> filtering (following Thomsen et al., 2016) on the equivalent dose calculated using the CAM and ADM (left side) and the number of grains used for CAM/ADM calculations and the number of saturated grains (right side). This figure shows the results for samples from Jojosi TRPL.



Fig. S13. Saturation level of measured single grain equivalent dose distributions compared to the CAM equivalent dose calculated from the non-saturated grains for each sample. Except for JOJO-TRPL-3, the relationship between these two parameters follows a linear trend for all samples.

#### S2.2.3 BayLum

BayLum was used by employing the functions available in the RPackage BayLum (Philippe et al., 2019). For this the 1 mm aliquot and single grain data sets were screened according to the acceptance criteria outlined in the main text using Analyst (Duller, 2015). However, in contrast to the frequentist approaches, for BayLum also saturated MG aliquots and single grains were considered. The .binx files, disc and grain positions of these accepted aliquots and grains were put into BayLum.

Furthermore, BayLum requires the input of the environmental dose rate and its uncertainty squared (obtained using DRAC), as well as the dose rate of the luminescence instrument used to create the respective .binx files.

The function Age\_Computation() ran with PriorAge and Iter (iterations) suitable for each sample. A saturating single exponential fit was used to fit the dose response curves, and the curves were forced through the origin. A gaussian distribution was assumed for the distribution of individual doses around the palaeodose.

Prior to accepting the results, they were evaluated for proper convergence. For this the Gelman and Rubin test of convergence was performed (this is provided by BayLum) and it was assured that convergence was reached for the age, palaeodose and the equivalent dose dispersion parameters (all below 1.05, Philippe et al., 2019). Furthermore, we visually inspected the by BayLum provided plot output, which provides a mean of evaluating the MCMC trajectories (see Fig. S14 as an example).

The final ages, presented in Table 5 and Fig. 5 in the main text, were calculated using BayLum with stratigraphic control. Therefore the AgeS\_Computation() function was used. All three profiles were run together, but stratigraphic information (indicating dependencies in depth, i.e. above or below a certain sample) was only used within a certain profile.



Fig. S14. BayLum MCMC trajectories for the age (A), palaeodose (D) and equivalent dose dispersion (sD) used for assessing the quality of the BayLum results, here exemplarily shown for the single grain data set of JOJO-1-1. The differently coloured and dashed lines represent three independent Markov Chains.



Fig. S15. Comparison of multi-grain aliquots post-IR IRSL<sub>225</sub> ages and multi-grain fading corrected IRSL<sub>50</sub> ages (site-specific average used for correction, see main text). The younger samples with equivalent doses within the linear part of the dose response curve are shown as filled symbols, open symbols represent samples with De values not within the linear part of the dose response curve. Fading correction followed Huntley and Lamothe (2001), which is valid for corrections within the linear part of the dose response curve.

Sample ID	Aliquot size	n for BayLum	Rel. OD [%]	BayLum D。 [Gy]	BayLum 1ơ De range [Gy]	BayLum 1ơ age range (ka)	Fading corrected BayLum 1σ age (ka)		
Profile Jojos	i 1								
-	SG	NA	49 ± 3	NA	NA	NA	NA		
JOJO-1-1	SynAl	NA	20 ± 3	NA	NA	NA	NA		
	MG	33	33 ± 5	77	70 – 83	94 – 113	138 ± 14		
	SG	NA	53 ± 3	NA	NA	NA	NA		
JOJO-1-2	SynAl	NA	22 ± 3	NA	NA	NA	NA		
	MG	35	12 ± 2	75	73 – 76	93 – 108	134 ± 11		
	SG	NA	43 ± 2	NA	NA	NA	NA		
JOJO-1-3	SynAl	NA	13 ± 3	NA	NA	NA	NA		
	MG	34	19 ± 4	65	63 – 67	76–84	107 ± 7		
Profile Jojosi 5									
	SG	NA	49 ± 2	NA	NA	NA	NA		
JOJO-85U	SynAl	NA	24 ± 5	NA	NA	NA	NA		
	MG	34	61 ± 7	92	79–102	97 – 129	154 ± 23		
	SG	NA	53 ± 2	NA	NA	NA	NA		
JOJO-5-4	SynAl	NA	19 ± 3	NA	NA	NA	NA		
	MG	35	19 ± 2	74	71 – 76	87 – 102	126 ± 11		
	SG	NA	57 ± 3	NA	NA	NA	NA		
JOJO-5-5	SynAl	NA	19 ± 4	NA	NA	NA	NA		
	MG	30	22 ± 3	57	55 – 60	64 – 76	94 ± 9		
	SG	NA	34 ± 2	NA	NA	NA	NA		
	SynAl	NA	16 ± 5	NA	NA	NA	NA		
INPL-I	MG	33	18 ± 3	598	570 – 635	603 - 692	891 ± 45		
	SG	NA	56 ± 3	NA	NA	NA	NA		
-0101 • IOIO-	SynAl	NA	27 ± 5	NA	NA	NA	NA		
INFL-2	MG	34	46 ± 6	313	289 – 331	477 – 560	713 ± 71		
	SG	NA	41 ± 2	NA	NA	NA	NA		
-UIU- ¢ IDDT	SynAl	NA	41 ± 8	NA	NA	NA	NA		
INFL-3	MG	48	22 ± 3	118	114 – 122	130 – 147	187 ± 13		

Table S3. Results of  $IRSL_{50}$  signal. Details are given for the overdispersion (%) and BayLum doses and ages obtained for the multi-grain data set of the  $IRSL_{50}$  signal.

#### S2.2.3 Standardised growth curve (SGC)

Standardised growth curves (SGCs) were established to be able to use the CAM (as representation of the frequentist approaches) for data sets containing saturated grains or multi-grain aliquots.

For this the data stored in .binx files was re-analysed using numOSL (Peng et al., 2017). The acceptance criteria defined in the main text were used. Since the created SGC was of insufficient quality, two further acceptance criteria were added: reduced chi square and figure of merit. This reduced the number of accepted grains/MG aliquots but ensured a qualitatively sufficient SGC to be established. Two SGCs were created in this study: One for the single grain and one for the 1 mm aliquot data. In the leastsquares (LS) normalisation procedure contained in the numOSL::IsNORM() function, dose response curves of the accepted grains or aliquots were iteratively rescaled until all MG aliquots or grains converged to one dose response curve (i.e., the SGC) described by a single saturation exponential function. All regenerative cycles in the SAR protocol were used for the LS-normalisation and the same scaling factor obtained for the  $L_x/T_x$  values was used to renormalise the corresponding  $L_n/T_n$  values. Only data from this study was used for the SGCs and the same grains/multi-grain aliquots were used to establish the SGC and to interpolate renormalised  $L_n/T_n$  values onto the SGC. Thus, the SGC was used only to allow for the application of the L<sub>n</sub>T<sub>n</sub> method to avoid the De underestimation caused by grains near signal saturation and not for the reduction of measurement time. Figures S16 and S17 show the dose response curves before and after the LS-normalisation for the single grain and multi-grain aliquot data sets, respectively.

Since we are particularly interested in including saturated and uncertainty saturated grains/aliquots in our palaeodose calculations, we here only consider the SGC  $L_nT_n$  method (Li et al., 2017, 2020). Figure S18 shows the single grain SGC results in comparison to the single grain standard CAM (Fig. S18a) results, and the single grain BayLum results (Fig. S18b). Fig. S18c compares the multi-grain SGC  $L_nT_n$  results to the multi-grain BayLum results. Finally, Fig. S18d shows a good agreement between the SGC  $L_nT_n$  results measured for single grains and multi-grain aliquots.



Fig. S16. Least-square normalisation of dose response curves for single grains. (a) Before LS-normalisation, (b) after LS-normalisation. The x-axis unit is Gy.



Fig. S17. Least-square normalisation of dose response curves for 1 mm aliquots. (a) Before LS-normalisation, (b) after LS-normalisation. The x-axis unit is Gy.



Fig. S18. Evaluation of the SGC  $L_nT_n$  approach compared to (A) standard CAM, and (B) single grain BayLum. (C) Evaluation of the SGC  $L_nT_n$  approach for single grains and multi-grain aliquots and (D) single grain SGC  $L_nT_n$  compared to multi-grain aliquots  $L_nT_n$ .

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