Investigation of quartz ESR residual signals in the last glacial and early Holocene fluvial deposits from the Lower Rhine

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Abstract. In this study, we examined the residual doses of the quartz electron spin resonance (ESR) signals from eight young fluvial sediments with known luminescence ages from the lower Rhine terraces. The single aliquot regenerative (SAR) protocol was applied to obtain the residual doses for both the Aluminium (Al) and Titanium (Ti) impurity centres. We show that all of the fluvial samples carry a significant amount of residual dose with a mean value of 1350 ± 120 Gy for the Al centre, $610 \pm$

5   60 Gy for the lithium-compensated Ti centre (Ti-Li), 170 ± 20 Gy for the hydrogen-compensated Ti centre (Ti-H), and $470 \pm$ 50 Gy for the signal originated from both the Ti-Li and Ti-H centres (termed Ti-mix). To test the accuracy of the ESR SAR protocol, a dose recovery test was conducted and this confirmed the validity of the Ti-Li and Ti-mix signal results. The Al centre shows a dose recovery ratio of 1.74 ± 0.16, probably due to a sensitivity change by the thermal treatment in the SAR procedure, whereas the Ti-H signal shows a ratio of 0.56 ± 0.17. The results of this study suggest that fluvial sediments carry

10   a significant residual dose, and therefore the subtraction of residual dose using a modern analogue is highly recommended to obtain reliable ESR ages.

1   Introduction

When sedimentary quartz was first investigated for electron spin resonance (ESR) dating 35 years ago by Yokoyama et al. (1985) a bleaching test was performed and an optically unbleachable residual signal for the Al centre was detected. Moreover

15   "zero age" samples were investigated, residual signals were detected, and subsequently subtracted from the natural signal intensity to calculate the equivalent dose (D_e). This procedure led to ESR ages which were in good agreement with expected ages. Over the years, several bleaching experiments on quartz ESR signals were conducted and varying proportions of bleachable and unbleachable signal intensities for the Al centre were reported (e.g. Toyoda et al., 2000; Voinchet et al., 2003; Rink et al., 2007; Tsukamoto et al., 2018; Beerten et al., 2020). The Ti centre instead showed a better but varying optical bleachability

20   depending on the monovalent charge compensator: the Ti-Na centre and the Ti-H centre were fully bleached within 24 hours of artificial optical bleaching using a halogen lamp, whereas the Ti-Li centre was bleached within 72 to 168 hours (Toyoda et al., 2000). In contrast to the Al centre, the Ti centre is believed to be fully bleachable by sunlight exposure (e.g. Toyoda et al., 2000; Tissoux et al., 2007), although some studies have indicated the existence of the residual Ti-Li before deposition (Beerten et al., 2006; Richter et al., 2020). So far very few studies have reported residual doses of the quartz ESR signals

25   from sediments. Tsukamoto et al. (2017) used modern aeolian quartz samples, whose optically stimulated luminescence (OSL)

signal is well bleached, to investigate the bleachability of the ESR signals. They found large and varying residual doses for both the Al and Ti centres; from 130 to larger than 1700 Gy for the Al centre and from 60 to 460 Gy for the Ti centre. They thus emphasised the importance of subtracting the residual dose, not only for the Al centre but also for the Ti centre. Timar-Gabor et al. (2020) measured the residual dose of aeolian samples from Australia and Ukraine, which have reported OSL D_e values.

30   For all samples, the ESR residual doses were found to be significantly larger than the OSL D_e, with the Al centre ranging from 480 to 700 Gy and the Ti centre ranging 100 to 580 Gy, highlighting the necessity of performing a residual dose subtraction. Although studies were done on dating fluvial sediments using ESR (e.g. Yokoyama et al., 1985; Laurent et al., 1998; Bahain et al., 2007; Tissoux et al., 2007, 2008; Duval et al., 2015, 2020; Bartz et al., 2018; Voinchet et al., 2019; del Val et al., 2019), residual doses in both the Al centre and Ti centre were never determined and reported. Toyoda et al. (2000) conducted

35   a comparison of the signal bleachability derived from multiple signals. Based on the result, they reported quartz ESR ages from multiple centres with different bleachability. An agreement of the ages can confirm that the signals were well bleached before deposition. Since then this so called "multiple centres" approach has been applied in several studies (e.g Duval et al., 2015, 2017; Bartz et al., 2018, 2020). Another important issue, which affects the accuracy of ESR dating is the ability of the measurement protocol to recover a known dose (Murray and Wintle, 2003). Previously, ESR dose recovery tests have been

40   conducted by Beerten et al. (2008) on quartz derived from dune sands and Asagoe et al. (2011), who used quartz from tephra samples. Unfortunately, both studies use an intensive thermal treatment (annealing) of the sample to erase the natural signal before artificial irradiation, which reduces the significance of the test. Tsukamoto et al. (2017) applied a SAR-SARA (single aliquot regeneration and added dose; Mejdahl and Bøtter-Jensen (1994)) procedure for unheated modern sediments, and used a slope between the added dose on top of the natural dose and the measured dose as a surrogate for the dose recovery ratio (Kars

45   et al., 2014). This study aims to investigate the size of the residual doses for the Al and Ti centres in fluvial sediments for the first time using 8 samples with known OSL ages (Lauer et al., 2011). These young sediments are investigated using the ESR SAR protocol and its performance is monitored by conducting dose recovery tests.

2   Samples

Fluvial sediments from Lauer et al. (2011) are from five gravel pits on either side of the Lower terraces of the Rhine (Frechen, 50   1992) covering a clearance of 90 km from Niederkassel to Rheinberg, North Rhine-Westphalia, were used in this study. All sediments originated from the younger Lower terrace of the Rhine River. Previous work from Lauer et al. (2011) provides OSL D_e in the range of several tens of Gray (cf. Table 1). They used IR-stimulated and yellow-stimulated luminescence signals of potassium-rich feldspar as well as OSL of quartz to date a total of 11 samples. Mean quartz OSL D_e-values are ranging from 14.8 ± 0.3 Gy to 33.3 ± 1.4 Gy with dose rates in the range of 1.48 ± 0.15 Gy/ka to 2.57 ± 0.27 Gy/ka. The mean OSL ages 55   range from 8.6 ± 0.5 ka to 16.0 ± 1.3 ka (cf. Table 2). Thus, the sediments are Holocene or late Pleistocene age rendering them to be treated as young samples for ESR residual measurements. All samples show the Al and Ti centres, but three samples (ALH-I, ALH-II and MHT-III) showed a broad and strong, overlapping signal, presumably arising from paramagnetic Mn^{2+} and Fe^{3+} impurities. Eventually, eight samples were used to conduct ESR measurements.

3   ESR measurements

60   A Bruker ELEXSYS E500 X-band ESR spectrometer with a variable temperature controller was used to run all measurements. The temperature inside the ER4119HS cavity was kept at 100 K through the evaporation of liquid nitrogen. The light exposure of the quartz grains within the ESR quartz-glass sample tubes was kept at a minimum during the heating, artificial irradiation and ESR measurements. Furthermore, sample tubes were stored in opaque black plastic bags between measurements. The quality factor (Q) was always greater than 8000 during the runs. The measurement settings for the detection of the Al centre

65   $[AlO4]^0$ were: 335 ± 30 mT scanned magnetic field, modulation amplification 0.1 mT, modulation frequency 100 kHz, 40 ms conversion time and 122.9 s sweep time and 3-5 scans of the spectra. For the Ti centre $[TiO4/M+]^0$ the settings were: 350 ± 10 mT scanned magnetic field, modulation amplification 0.1 mT, modulation frequency 100 kHz, 30 ms conversion time and 61.4 s sweep time and 5-10 scans of the spectra. All the samples were rotated 3 times in the cavity to achieve a homogeneous value of signal intensity. For all measurements the microwave power was kept at 10 mW and the sample size was 60 mg. As

70   suggested by Toyoda and Falguères (2003) the intensity of the Al centre was taken from the first ($g_1 = 2.0185$) to the 16th peak ($g_2 = 1.9928$), as depicted in Fig. 1A. The overlapping peroxy signal intensity was subtracted eventually by using the ESR signal intensity after annealing (Step 4; see Table 2). The intensity of the Ti centre signals was evaluated from peak-to-baseline or peak-to-peak amplitude following Tissoux et al. (2008); Duval and Guilarte (2015); Duval et al. (2017) (Fig 1A and 1B). The intensity of the Ti-Li centre was taken from the baseline to the peak at $g_3 = 1.913$, although this may be affected by Ti-H centre

75   (cf. Tissoux et al., 2008). The intensity of the Ti-H centre was calculated from the $g_3 = 1.915$ peak to the baseline. Duval and Guilarte (2015) used the peak-to-peak intensity at around $g_2 = 1.931$ (cf. Fig. 1A and 1B) originating from both Ti-H and Ti-Li centres (referred to called Ti-mix in this study). An in-house built X-ray irradiator, consisting of a Spellmann XRB401 source, was used for all laboratory irradiations. The X-ray parameters were fixed to 200 kV and 2 mA and the dose rate was calibrated to 0.054 ± 0.001 Gy/s (Tsukamoto, 2019, unpublished). For heating and annealing of samples, an in-house built device was

80   used (Oppermann and Tsukamoto, 2015). The dose response curve (DRC) was fitted to a single saturated exponential function using Origin 2017 without any weighting to calculate D_e.

4   Performance tests and equivalent dose

Preheat Plateau test

The ESR SAR protocol (see Table 3), which has been tested and satisfyingly applied in previous studies in regards to the Ti

85   centre (Tsukamoto et al., 2015, 2017, 2018; Richter et al., 2020) was used for all measurements. Prior to D_e measurements a preheat plateau test was carried out to assure only stable signals are used. The sample with the lowest quartz OSL D_e was chosen for this test (RB-II; 14.8 ± 0.3 Gy). Temperatures were set to 160, 180, 200 and 220 °C. Additionally an aliquot without heating treatment was used, which is referred to as 20 °C (room temperature). Heating time was 4 minutes for preheating and 120 minutes for annealing at 300 °C. In a previous study, Tsukamoto et al. (2015) compared 420 °C for 2 minutes and 300 °C

90   for 120 minutes annealing time and found no significant difference in sensitivity change between both temperatures. Artificial

irradiation dose steps used were 250 Gy, 1000 Gy and 3000 Gy to construct a dose response curve. The results are plotted in Fig. 2. The D_e value of the Al centre was initially decreased by the preheat at 160 °C, but shows a steady increase in D_e with increasing preheat temperature. At 220 °C no D_e calculation was possible, because all regenerated signal intensities were below the natural. The Ti-Li and Ti-mix signals show a similar pattern in D_e; there was a small decrease from room temperature

95 to 160 °C, but all preheats yielded similar D_e values, albeit a slight increasing trend with increasing temperature was observed. The Ti-H centre showed an opposite trend to the Ti-Li and Ti-mix and showed a decrease in D_e with higher temperatures >180 °C. Eventually, the preheat temperature was set to 160 °C for all of the following measurements because Ti-Li, Ti-H and Ti-mix D_e tend to form a plateau in the region of 160-180 °C preheat temperature.

Equivalent doses, residual doses and ESR ages

100 For each of the samples one aliquot was used to conduct the D_e measurements. Dose response curves were created using 3 regenerated dose steps with a total dose up to 3000 Gy for all samples except for sample NK-1, NK-2 and ALH-III which were irradiated up to 3140 Gy. The D_e values of the Al centre are in the range of 1010 to 2070 Gy. The D_e values of the Ti-Li centre spans from 430 to 940 Gy. The Ti-mix D_e ranges from 290 to 710 Gy and the Ti-H D_e goes from 110 to 290 Gy. The mean OSL D_e for each sample was subtracted from the ESR D_e to calculate the residual dose. This led to a residual dose of

105 Al centre in the range of 980 to 2040 Gy and with a mean value ($\pm$ 1 SE) of 1350 $\pm$ 120 Gy. The Ti-Li centre residual dose goes from 400 to 900 Gy with a mean of 610 $\pm$ 60 Gy. The Ti-mix residual dose goes from 260 to 670 Gy with a mean of 470 $\pm$ 50 Gy and Ti-H from 90 to 260 Gy with a mean of 170 $\pm$ 20 Gy. A detailed overview is given in Table 1. Residual doses of the four different ESR signals for all samples is plotted in Fig. 3. A detailed list of ages is given in Table 2. All the ESR ages significantly overestimate the OSL ages. The ages (calculated from the residual dose) are on average 660 $\pm$ 60 ka for Al

110 centre, 300 $\pm$ 30 ka for the Ti-Li, 230 $\pm$ 20 ka for the Ti-mix and 80 $\pm$ 10 ka for the Ti-H centre. These residual ages show how significant the effect of the residual dose is in ESR dating of fluvial sediments.

Dose recovery test

A dose recovery test, using the SAR protocol, was performed for all four ESR signals by adding 1000 Gy on top of the natural signal using three aliquots of sample RB-II and thus is considered to be a new "natural" signal. The test was used to check

115 the accuracy of the measurement protocol because the thermal treatment included in the SAR protocol may change sensitivity of the ESR centres per unit dose. The D_e values of the aliquots (natural + 1000 Gy) were measured by the SAR protocol, with 3 dose steps up to 3650 Gy. The dose recovery ratio was calculated by subtracting the natural D_e from the recovered dose and the difference of the natural + 1000 Gy and the natural D_e was then divided by the added dose of 1000 Gy. The dose recovery results are satisfying for the Ti-Li and Ti-mix signal with a ratio of 1.00 $\pm$ 0.07 and 1.01 $\pm$ 0.16, respectively,

120 indicating that ESR SAR protocol works well for these signals. Our results resemble the results published by (Tsukamoto et al., 2017). The dose recovery ratio for the Al signal is high with 1.74 $\pm$ 0.16, which indicates a sensitivity change due to thermal treatment during SAR protocol, therefore the reported residual doses may be overestimated. The dose recovery ratio of the Ti-H signal is low (0.56 $\pm$ 0.17). The significantly smaller Ti-H D_e compared to the Ti-Li D_e is probably partly a result of this

(underestimating). The result of our dose recovery test suggests that the applied SAR protocol is robust in the dose estimation
125   for the Ti-Li and Ti-mix signals, whereas those from the Al and Ti-H centres could be over- and underestimated.

5   Discussion and conclusion

The results clearly show that the ESR D_e for all samples are significantly larger than the OSL D_e of Lauer et al. (2011)
and therefore residual subtraction is highly recommended. Furthermore, the observed residual doses confirm the trend in the
signal's bleaching behaviour as described by Toyoda et al. (2000): the Al centre shows the largest residual followed by the
130   Ti-Li and Ti-H with the lowest. The size of the residual dose for the Ti-mix lies in between the Ti-Li and Ti-H. However,
it should be noted that the dose recovery test shows a change in sensitivity for Al centre and Ti-H centre, which may have
influenced the observed residual dose. Although the Ti-H shows the smallest D_e, hence is closest to the expected OSL D_e, it
is unreliable because it failed to recover the known given dose. Fig. 5 shows a comparison of all residual doses for the Al and
Ti-Li. Additionally a linear fitting was performed yielding the y-intercept of 630 ± 170 Gy. This intercept indicates the size
135   of residual dose for the unbleachable Al centre. The residual dose for the unbleachable Al centre is roughly consistent with
the observation of Tsukamoto et al. (2018) from Chinese loess (500 Gy) and of Timar-Gabor et al. (2020) for the various
aeolian sediments (500-700 Gy) from the Al centre. Beerten and Stesmans (2006) reported strong deviations in Ti-Li and Ti-H
palaeodoses from the expected dose which led to a discussion to explain this offset in doses. In our case the dose recovery
test indicates that Ti-Li centre does not suffer any sensitivity changes whereas the Ti-H centre underestimates the given dose
140   significantly. Beerten and Stesmans (2006) suggested several possibilities to explain this phenomenon. These included 1)
charge transfer between Ti-Li and Ti-H centres during the artificial irradiation, 2) a thermal fading of the Ti-H centre, and 3)
differences in production efficiency but eventually leaving the question open. The opposite tendency of the heat treatment for
the Ti-Li and Ti-H centres in the preheat plateau test (Fig. 2) suggests that some charge transfer between the Ti-Li and Ti-H
centres is likely. However the charge transfer does not seem to have affect the Ti-Li centre, presumably because the number of
145   the Ti-Li defects is much higher than the Ti-H. Nevertheless more effort is needed to fully understand this issue. In conclusion,
we show that all of the investigated fluvial sediments were not fully bleached before burial and after subtraction of OSL D_e
still a significant amount of residual dose is carried by the samples. Even the Ti-H, which is supposed to be best bleachable, is
far from zero. This highlights the importance of further-investigation into the dynamics of residual doses in both, aeolian and
fluvial environments.

150   *Data availability.* All data generated or analysed during this study are included in this published article.

Author contributions. MR and ST conceived the study, MR carried out the measurements with input from ST. MR wrote the paper with
input from ST.

Competing interests.   The authors declare that they have no conflict of interest.

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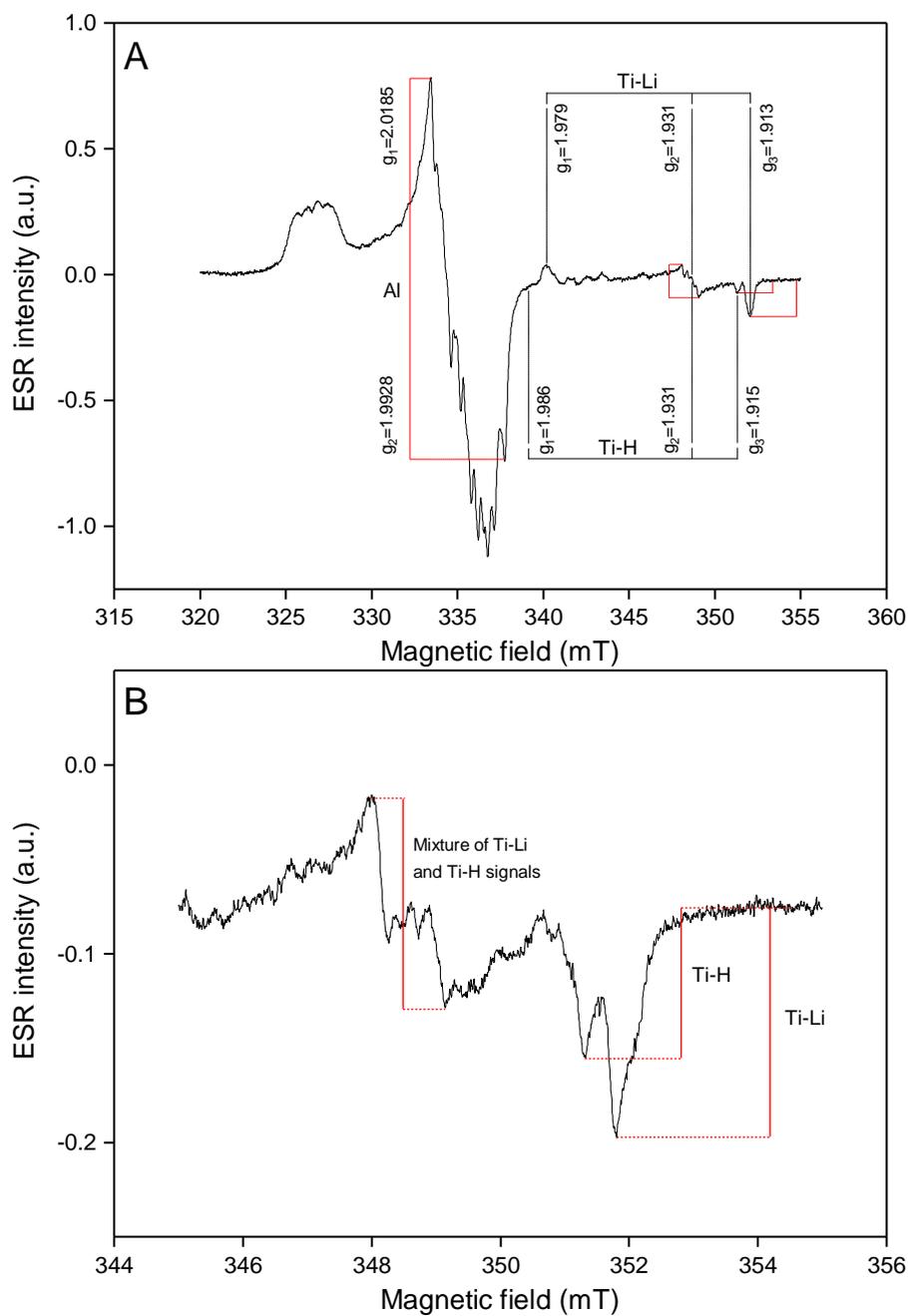
Figure 1. A) The natural Al centre and Ti centres of sample RB-II and overview of the g-values; B) Closeup of Titanium signals of sample RB-II after annealing and giving 500 Gy of artificial irradiation.
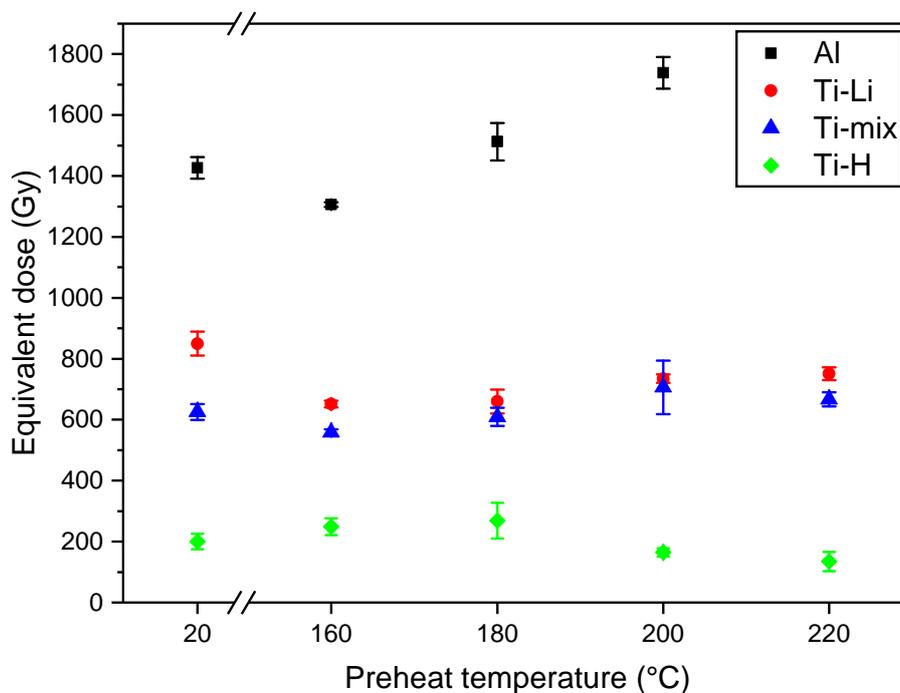
Figure 2. Preheat plateau test for Sample RB-II. The dose response curve for Al centre for 220 °C did not fit, so the D_e value was not obtained.
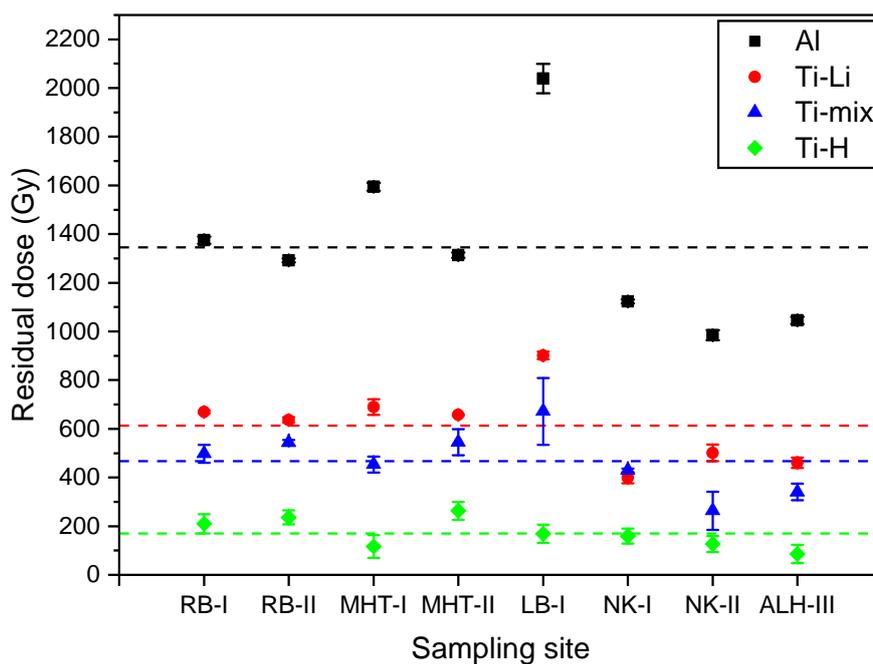
Figure 3. Residual doses of the four different ESR signals for all samples. Dashed lines indicate the mean dose for each signal.
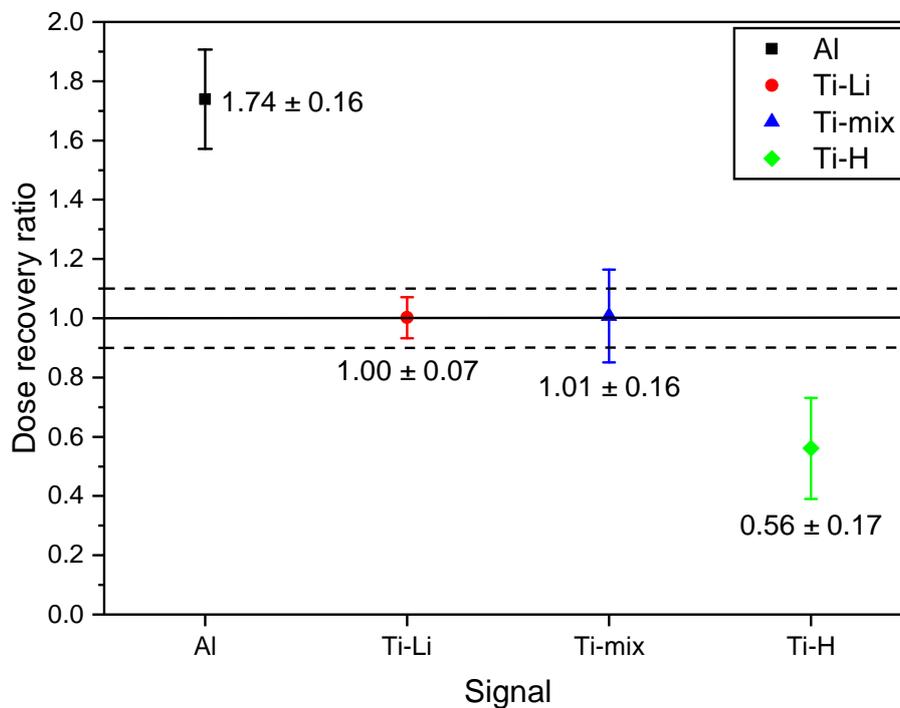
Figure 4. Dose recovery ratios. The dashed lines mark the 10% deviation margin.
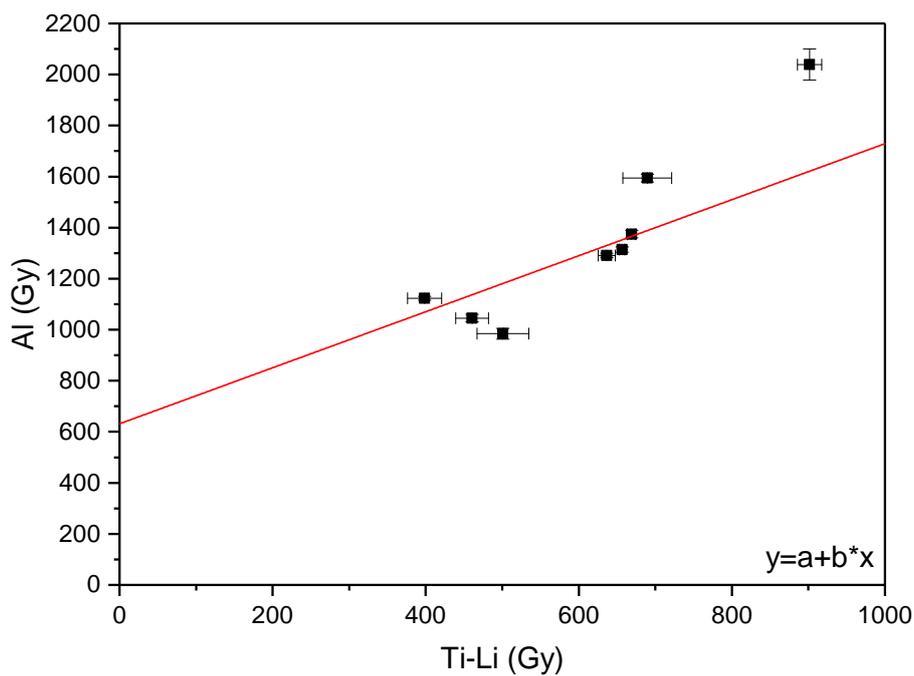
Figure 5. Comparison of ESR Al and Ti-Li residual doses with linear fitting.

Table 1. Mean ESR equivalent doses (D_e) and residual doses of the 4 signals compared with the mean OSL D_e.

Sample ID	Equivalent dose				Residual dose				
	Al* (Gy)	Ti-Li (Gy)	Ti-mix (Gy)	Ti-H (Gy)	Al* (Gy)	Ti-Li (Gy)	Ti-mix (Gy)	Ti-H (Gy)	OSL** (Gy)
RB-I	1393 ± 14	687 ± 5	516 ± 37	228 ± 39	1375 ± 15	669 ± 5	497 ± 37	210 ± 40	18.4 ± 0.4
RB-II	1306 ± 8	651 ± 11	558 ± 11	251 ± 28	1291 ± 8	637 ± 11	543 ± 11	236 ± 29	14.8 ± 0.3
MHT-I	1625 ± 14	721 ± 30	485 ± 31	148 ± 45	1594 ± 16	689 ± 32	454 ± 33	116 ± 46	31.2 ± 1.9
MHT-II	1342 ± 9	686 ± 2	574 ± 52	292 ± 36	1313 ± 10	657 ± 3	545 ± 53	263 ± 37	28.8 ± 1.3
LB-I	2072 ± 59	935 ± 14	705 ± 135	202 ± 36	2039 ± 61	901 ± 16	671 ± 137	169 ± 38	33.3 ± 1.4
NK-I	1152 ± 6	427 ± 20	458 ± 5	188 ± 29	1123 ± 8	398 ± 22	429 ± 7	159 ± 31	28.9 ± 2.0
NK-II	1014 ± 20	531 ± 33	293 ± 77	157 ± 32	984 ± 21	501 ± 34	263 ± 78	127 ± 33	30.0 ± 1.0
ALH-III	1066 ± 13	481 ± 20	360 ± 33	106 ± 36	1045 ± 15	461 ± 21	340 ± 34	86 ± 37	20.1 ± 1.2

* including unbleachable signal part

** Lauer et al. (2011)

Table 2. External dose rates, ESR ages derived from D_e, residual ages before burial and mean OSL ages for comparison.

Sample ID	Ext. dose rate* Gy/ka	Age (from D_e)				Residual age before burial				OSL (ka)
		Al** (ka)	Ti-Li (ka)	Ti-mix (ka)	Ti-H (ka)	Al* (ka)	Ti-Li (ka)	Ti-mix (ka)	Ti-H (ka)	
RB-I	2.15±0.11	648±34	320±17	240±21	106±19	639±33	311±16	231±21	97±19	8.6±0.5
RB-II	1.67±0.08	782±38	390±20	334±17	150±18	773±37	381±19	325±17	141±18	8.9±0.5
MHT-I	2.57±0.27	632±67	280±32	189±23	57±18	620±65	268±31	176±22	45±19	12.1±1.5
MHT-II	2.41±0.18	557±42	284±21	238±28	121±17	545±41	273±20	226±28	109±17	12.0±1.0
LB-I	2.08±0.15	996±77	449±33	339±70	97±19	980±76	433±32	323±70	81±19	16.0±1.3
NK-I	2.01±0.10	573±29	213±15	228±12	94±15	559±28	198±15	214±11	79±16	14.4±1.2
NK-II	2.11±0.12	481±29	252±21	139±38	74±16	466±28	237±21	125±38	60±16	14.2±0.9
ALH-III	1.48±0.15	720±74	325±36	243±33	71±26	706±72	311±35	230±33	58±26	13.6±1.6

* Lauer et al. (2011)

** including unbleachable signal part

Table 3. ESR SAR protocol modified after Tsukamoto et al. (2015).

Step	Treatment
1	Preheat (T $^\circ$C for 4 minutes)[a]
2	Natural ESR
3	Anneal (300 $^\circ$C for 120 minutes)
4	ESR after annealing
5	Artificial irradiation
6	Preheat (T $^\circ$C for 4 minutes)[a]
7	Regenerated ESR
8	Repeat 5-7

[a] T is preheat temperature in degree centigrade